

FIRST-CALL MEDICAL, INC.

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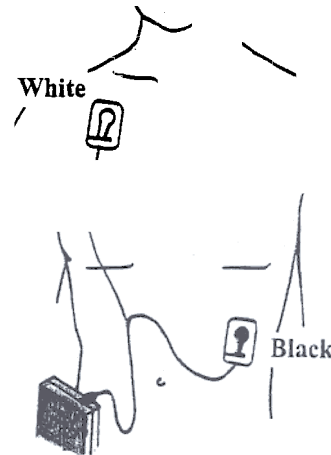
Website: www.fcminc.com

Email: info@fcminc.com

Operating Instructions for the CARD GUARD MONITOR

Electrode placement:

- 1) At the placement sites, clean and abrade the skin with alcohol.
- 2) Peel off the protective cover to the electrode and place onto your skin.
- 3) Snap the lead wires onto the electrodes.
WHITE wire on your RIGHT side
BLACK wire on your LEFT side



Activate monitor:

Make sure the lead wire jack is plugged into the monitor
Press RECORD for 2 seconds to complete the activation

Record an event:

- Press the Record button
- Remain quiet and still, breathe normally.

You will hear a continuous tone, which echoes your heartbeat.

When the recording is complete, the monitor will emit a beep.

Repeated beeping indicates the monitor memory is full, you must transmit before recording more events.

SEND BUTTON →



Transmit an event:

- 1) Dial First-Call Medical at **1.800.274.5399**
(Do not call on a cordless or cell phone)
- 2) Give the technician your name and symptoms
- 3) Place the transmitter on a flat surface near your phone
- 4) Press and hold the **SEND** button until a tone sounds from the monitor
- 5) Release the **SEND** button
- 6) Place the mouthpiece of the telephone over the **RECORD** button
- 7) When the tone stops, pick up the phone and confirm that the data has been received
- 8) To reset the monitor, press the **RECORD** button for 2 seconds until you hear four quick tones

