

PATIENT MANUAL FOR HEARTCARD

TO RECORD YOUR EKG

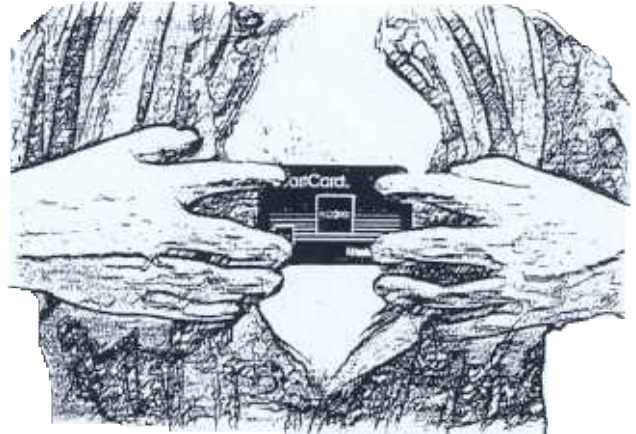
Remove the HeartCard from its carrying case.

2. Firmly fit the back of the HeartCard against the bare skin of your chest. Make sure all four electrodes are touching the skin.

Press the **RECORD** button until the tone begins.

4. Hold the four corners firmly against the skin. You do not have to push hard. You will hear a tone which pulsates with your heartbeat. **Please stay relaxed and quiet for 35 seconds until the tone stops.**

5. Once the tone stops, please remove the HeartCard from your chest.



Press the four corners of the HeartCard against the skin.

TO TRANSMIT YOUR EKG

1. Call the Receiving Center at 1-800-274-5399. We are open 24 hours a day, 7 days a week.

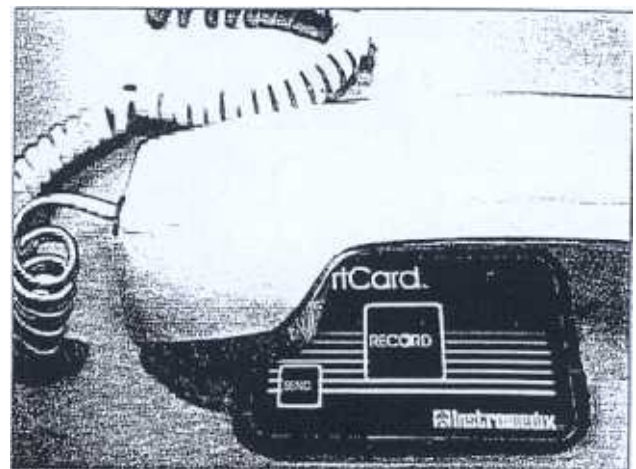
Identify yourself and answer the technician's questions.

3. Place the corner of the HeartCard with the letter **H** directly over the mouthpiece of the phone.

Press the **SEND** button on the HeartCard to transmit your EKG.

5. When the pulsating tone stops, pickup the phone and speak with the cardiac technician.

NO PORTABLE PHONES



NO CELL PHONES

Speaker must be UNDER the mouthpiece.

Should you have any questions, please call the Receiving Center at 1-800-274-5399. Thank you!